

Champions Challenge Rules

The Champions Challenge is a performance based ranking system. It scores individual race performances on a points-per-race basis. All individual finishers of a Somersault Series event receive Champions Challenge Points and are automatically ranked in the Rankings for their respective discipline subject to the following rules and criteria:

There are five **(5)** disciplines for which athletes may be ranked:

- 1) Triathlon
- 2) Duathlon
- 3) Run
- 4) Junior Triathlon/Duathlon
- 5) Junior Run

Eligibility Requirements

Only your three **(3)** best races in each discipline will count towards the overall ranking for that discipline. You must complete three **(3)** races in a single discipline in order to be eligible for rankings and awards.

Official (gun) time will be used in Champions Challenge scoring in events where there is chip vs gun timing available.

Participants must place within the first 200 finishers of any race in order to receive points towards their Champions Challenge Rankings. If the participant does not place within the first 200 finishers of their race, that race does not count towards their Champions Challenge Ranking.

Triathlon and Duathlon Qualifying Distances

All Triathlon and Duathlon events and distances count towards rankings, however;

- a) Triathlon & Duathlon rankings may include only one **(1)** Super Sprint distance event;
- b) Try A Tri events do not count towards rankings

Run Qualifying Distances

All run events and distance count towards rankings, however;

- a) Run rankings may include only one **(1)** 3km event;
- b) Run rankings do not include 1K events

*Note that points accrued at the **Night Lights Run** count towards the following year's rankings.

Junior Triathlon/Duathlon Qualifying Distances

Super Sprint and Sprint distances count for all junior age categories

Triathlon and Duathlon events may be combined in the junior categories.

Junior Run Qualifying Distances

3K/5K/10K distances count for all junior age categories

Rankings Tie Breaker

In the event of a tie after the completion of the rankings season, the following tie-breaking procedures will be applied in the following order in succession until the tie has been successfully broken:

1. The participant who ranks higher in the final event of their respective series;
 - a. Run Series – Ottawa Fall Colours
 - b. Triathlon & Duathlon – The Canadian;
2. The participant with the most head-to-head wins in one season in their respective series;
3. Should the participants in the tie have the same number of head-to-head wins, all of those individual times shall be combined and the winner will be the participant with the smallest combined time;
4. The participant who participated in the most number of events in their respective series;
5. The toss of a coin in the presence of at least one of the participants in the tie, or a representative that they choose on their behalf.

Triathlon & duathlon *Champions Challenge* categories

Men Overall & Women Overall

Male & Female Age Categories: 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over

Run *Champions Challenge* Categories

Men Overall, & Women Overall

Male & Female Age Categories: 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over

Junior Challenge Categories (all disciplines)

Male & Female Age Categories: 13 & under, 14-15, 16-17, 18-19

The Champions Challenge Scoring Table

All disciplines use this scoring table to determine points awarded in each event.

Overall Race Place	Champions Challenge Points
1st	1000
2nd	995
3rd	990

4th	985
5th	980
6th	975
7th	970
8th	965
9th	960
10th	950
50th	750
100th	500
150th	250
199th	5